

Shifting Journeys



A 90- minute **Free Workshop** for **Nice Adult Humans**

Seeking Clarity and Insight in a Season of **Change**



*If you nod as you read this,
this workshop is for you.*

I'm in a season of change, sorting through new possibilities and decisions I may make.

The experiences and transitions I'm in the midst of feel important for me to attend to.

I'm a lifelong learner; my friends would say I'm a thoughtful human.

I value deep listening, quality relationships, and personal growth.

Join Sarah Brabbs for her signature experiential workshop that helps you uncover, attune to, and align with what's unique and important for you in this season. You'll leave with a decision-making tool - a compass - that will serve as a guide for you in this next leg of your journey.

When: Friday May 5 @ 2:30-4:00 PM ET and Friday May 12 @ 12:00-1:30 PM ET*

Register: Eventbrite (click [here](#) or follow this QR code) →



***Alternatively, book a 45-minute 1-1 Compass Session** (free for now!)

with me via sarahbrabbs.com/compassintuitivejourneys -

or follow this QR code

