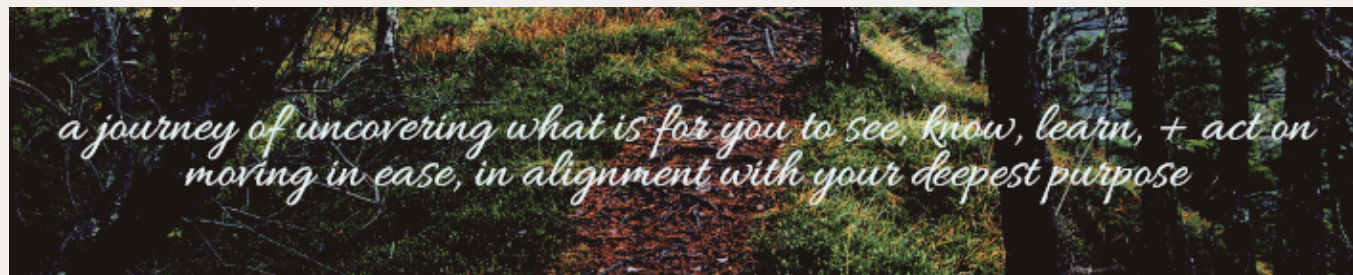


Intuitive Journeys

Spring-Summer 2023

a two-part course
with sarah brabbs

- 3ish months long
- support for a year



Northward Journeys Community

One-Year Membership Includes:

- three intuitive planning for deeper compass living, seasonal workshops
- monthly growth + check-in sessions around the above seasonal workshops
- three special guest / expert workshops
- 1-2x a month live coaching sessions with Sarah (*Ask Me Anything* sessions)
- Weekly co-sessions that vary in purpose (co-working, is one kind)
- Free ticket to any of Sarah's public events, for you + a friend
- 12 months async support + connecting with other community members + Sarah
- invite to community members only, yearly in-person retreat in late Jan (at cost)

plus...

acceptance into intuitive journeys requires you first go through sarah's exercise to create your intuitive compass.

also...



visit QR code to learn more (or website, at bottom)



PART 1 - DETECT & CREATE



PART 2 - ALIGNED ACTION



1 Part 1 course meetings are 3 half-day mini-retreats, Fridays in June. June 2 we start; the other two TBD (planned with participants)
part 1 mini-retreats = 12:00 - 4:30 ET

2 Part 2 course meetings are 2 hours long, 2x/month and will be scheduled with course participants during part 1.*
We meet every couple weeks (ish) for a couple months after part 1 wraps up.

Intuitive Journeys Financial Investment - two options



- \$1260 if payment plan (12 months, choose \$105/month or \$315 every 3 months)
- \$1200 if one payment ahead of course

**course fee includes 12 months of membership + access to Northward Journeys*

Intuitive Journeys Time Investment over 3ish Months

- Pre-course: part of lesson 1 is sent out ahead (rest are taught live) - 2ish hours
- Part 1: 3 mini-retreats are each 4.5 hours (see #1 above)
- Part 2: 4 hours a month (see #2 above) + async connect time*
- Aside from lesson 1 (see above) teaching/work happens live in meetings - so no homework outside of our time together :)
- Async time = intentionally connect, learn, and support each other in the private community, this will be 30-60 minutes a week most weeks of the course, on your own schedule.



Northward Journeys is the private virtual* community this course takes place in.

Northward Journeys is an intentional private membership space created by Sarah for curious, kind, and often creative women** who are deeply interested in living a meaning-filled life, doing work that matters, and connecting with others on similar paths.

**we are mainly virtual, there is are some in-person events sometimes*

***anyone not he/him*

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